

# Leicester Health and Wellbeing Board

12 July 2018

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Title: Joint Health and Wellbeing Strategy  
Presenter: Ivan Browne, Public Health

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Leicester  
City Council

### **1.0 Purpose of the paper or presentation**

**The purpose of this presentation is to inform members that the new Joint Health and Wellbeing Strategy and Action plan is in final draft form and due to enter the public consultation phase in mid-July.**

**The presentation explains the progress that has been made and invites board members to become involved in the consultation process and to encourage others to do the same.**

### **2.0 Recommendations for the board to consider**

**The board is asked to:**

- **Note the dates of the consultation phase**
- **Engage with and contribute to the strategy via consultation process**
- **Champion engagement amongst colleagues and partners wherever possible**

### **3.0 Content**

Developing the strategy and action plan has been a complex process involving interactions with key partners and stakeholders to develop the content.

The strategy focuses on the wider determinants of health as well as other key challenges such as multi-morbidity and frailty. It's vision is to 'ensure that everyone has the opportunity to improve and maintain their physical and mental health'

The strategy comprises of 5 themes, each has an aim

- Healthy Places – Make Leicester a healthy place to live and work in
- Healthy Minds - Ensure mental health is considered in all aspects of the lifecourse
- Healthy Start – Give Leicester's children the best start in life
- Healthy Lives – Encourage Leicester residents to adopt health behaviours that are sustainable throughout life
- Healthy Aging -Enable Leicester residents to age comfortably and confidently

The strategy has a number of specific objectives which are underpinned by the action plan.

### **4.0 Next Steps**

To support the public consultation